

***St.MARY'S COLLEGE (autonomous),
THOOTHUKUDI***

Department of Psychology

**News letter
2021 - 2022**




HOD'S Message

Believe you can and you're halfway there"
- Theodore Roosevelt

I am very happy and delightful in presenting our department's enormous growth. 'We begun as a small sapling but now we stand as a sign of excellence and eminence'. To experience the subject, many outdoor programmes have been conducted. Not only in academics even in extracurricular activities. Our students have outshined and brought laurels. We flourish and thrive as a department. Supporting each other for their upliftment. It fills me with no much pride in putting forth all our department's activities. This newsletter is the handwork of our students. From this newsletter we can get an overview of our optimistic department.

'We are the starting step to a greater version






Editorial team

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Meera yasmin





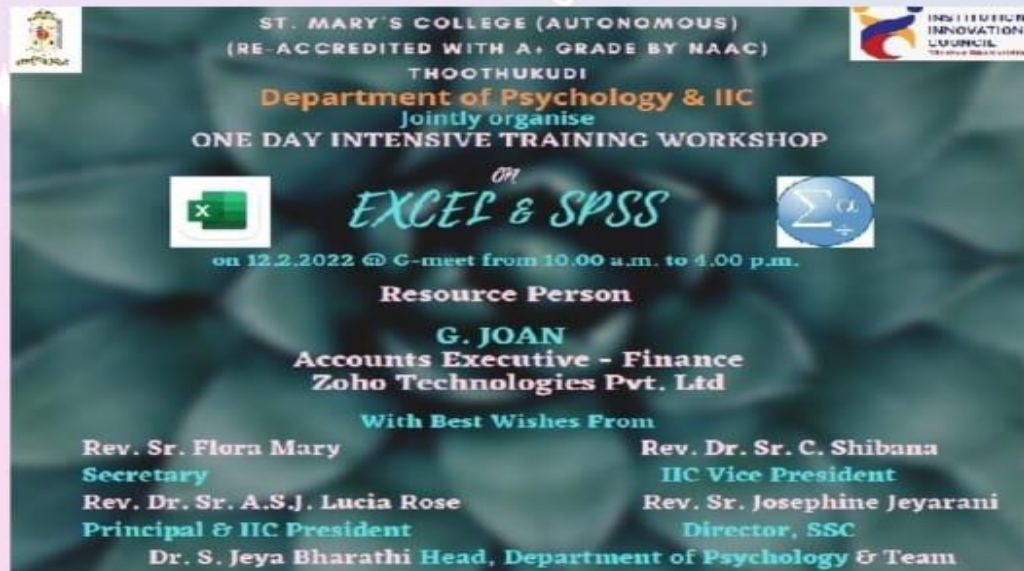
Memorandum of Understanding

1. Department of Psychology, St.Mary's college (autonomous), Thoothukudi
and
Institute of Mental Health
& Psychological Sciences (IMHAPS),
Coimbatore

2. Department of Psychology, St.Mary's college (autonomous), Thoothukudi
and
Maitri Training and Counselling centre,
Thoothukudi

One day intensive training workshop on Excel and SPSS

Invitation



ST. MARY'S COLLEGE (AUTONOMOUS)
(RE-ACCREDITED WITH A+ GRADE BY NAAC)
THOOTHUKUDI

Department of Psychology & IIC
Jointly organise
ONE DAY INTENSIVE TRAINING WORKSHOP

ON
EXCEL & SPSS

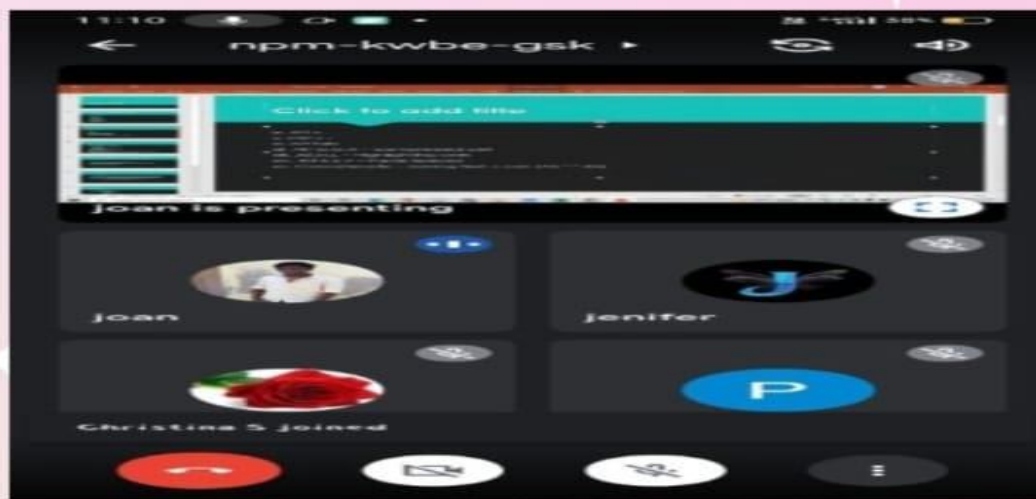
on 12.2.2022 @ C-meet from 10.00 a.m. to 4.00 p.m.

Resource Person
G. JOAN
Accounts Executive - Finance
Zoho Technologies Pvt. Ltd

With Best Wishes From

Rev. Sr. Flora Mary Secretary	Rev. Dr. Sr. C. Shibana IIC Vice President
Rev. Dr. Sr. A.S.J. Lucia Rose Principal & IIC President	Rev. Sr. Josephine Jeyarani Director, SSC
Dr. S. Jeya Bharathi Head, Department of Psychology & Team	

Screenshot



Report

The department of Psychology, along with IIC, organized a One-day intensive workshop on SPSS & Excel on 12.2.2022. 75 participants who included the Psychology department students and research scholars from other departments were the beneficiaries. Mr. Joan, Accounts Executive, Finance, Zoho Technologies Private Ltd., Thenkasi was the resource person. The workshop was highly interactive and useful as it is essential to instill research skills in the students.

Certificate






Department of Psychology

Students Staff ratio

2021 - 2022

69 students 4 staff = 17:1

As an after effect of the COVID pandemic, there has been no rise in the student strength. Therefore, the staff and student ratio remained the same for the 5th consecutive academic year. The pandemic batch students definitely needed extra attention and care and that was made possible with this ratio.



Awards of Dr.S.Jeya Bharathi

PSG COLLEGE OF ARTS & SCIENCE
AN AUTONOMOUS COLLEGE AFFILIATED TO BHARATHIAR UNIVERSITY
ACCREDITED WITH A GRADE BY NAAC (3RD CYCLE)
COLLEGE WITH POTENTIAL FOR EXCELLENCE (STATUS AWARDED BY UGC)
STAR COLLEGE STATUS AWARDED BY DBT-MST
AN ISO 9001:2015 CERTIFIED INSTITUTION
COIMBATORE - 641014

INVENTOR AWARD
THIS IS TO CERTIFY THAT MS/ MR/ DR.
DR. S. JEYABHARATHI

got the **INVENTOR AWARD** in the
INTERNATIONAL CONFERENCE on
MENTAL HEALTH & WELL-BEING
organized by Department of psychology.
PSG College of Arts & Science.
26th & 27th November, 2021.
TITLE:
COMPARATIVE STUDY ON SELF-EFFICACY
AMONG YOUNG MEN AND WOMEN

CONFERENCE CHAIRPERSON
Dr.D.Brindha, Principal
PSGCAS




Institute of Researchers
www.inres.in | info@inres.in | Wayanad, Kerala (INDIA)

Certificate
Distinguished Teacher Award 2021
awarded to


Dr. S JEYA BHARATHI
MEd, MEd, PhD
Assistant Professor and Head, Department of Psychology
St. Mary's College
Theothukudi, Tamil Nadu, India

In recognition of her outstanding
Professional & Research achievements
in the field of Counseling and Psychotherapy
on July 20, 2021


S.MAANI
Director - Awards


91A82291


Alison Gopnik
Excellence Award
for Psychology


Certificate Number - REPRC2020-21-Professional - 068


Proudly Presented to
Dr Jeya Bharathi S
Assistant Professor and Head, Department of Psychology, St. Mary's College (Autonomous), Theothukudi


for her commitment, dedication and contribution in the field of Psychology

15 August 2021
Madurai,
Tamil Nadu, India


Since 2008

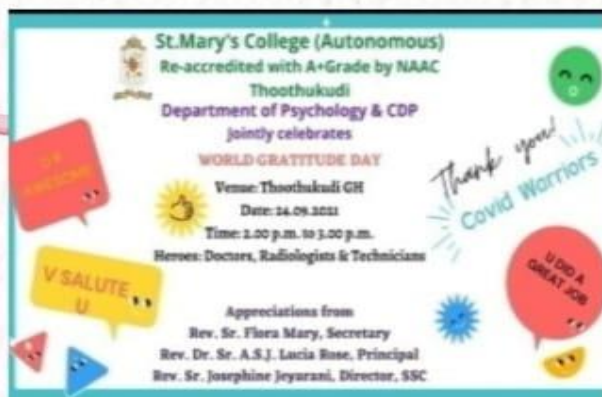

President

Department of Psychology

World Gratitude day Report

24.09.2021

The Psychology department, along with the CDP celebrated the World Gratitude Day that was observed on September 21 on 24.9.2021. The department staff and students visited the Government Hospital at 2.00 pm to express their gratitude for the Doctors, Lab Technicians and Attenders from the Radiology Department for their selfless service during the critical pandemic period. The students performed art forms like singing, dancing, poetry reading, etc for the audience. This little act of gratitude was highly appreciated and the Covid Warriors also expressed their personal experiences during the critical stages of Covid duty which was the high light of the program.



St. Mary's College (Autonomous)
Re-accredited with A+Grade by NAAC
Thoothukudi
Department of Psychology & CDP
Jointly celebrates
WORLD GRATITUDE DAY
Venue: Thoothukudi GH
Date: 24.09.2021
Time: 2.00 p.m. to 3.00 p.m.
Heroes: Doctors, Radiologists & Technicians

Thank you Covid Warriors

V SALUTE U

U DO A GREAT JOB

Appreciations from
Rev. Sr. Flora Mary, Secretary
Rev. Dr. Sr. A.S.J. Lucia Rose, Principal
Rev. Sr. Josephine Joyarazi, Director, SSC



Suicide Prevention day program report

14.09.2021

The Psychology department, along with the YRC, organised an awareness program on 14.9.2021 with reference to World Suicide Prevention Day that was observed on 10.9.2021. A photo booth was set up by the department students near the college chapel during the morning break followed by an Open Mike Performance on the topic “Value of Life” in Fatima Hall from 12.00 noon to 1.30 pm. Both the events received wide appreciation from the college staff and students of various departments. All the participants of the Open mike performance were gifted with a memento in appreciation of their participation.



Department of Psychology

Field Trip Report

02.04.2022

Trip schedule :

Date	: 02.04.2022
Departure	: 6.35 am (SMC)
Breakfast	: 9.15am (Thenkasi)
Bhodhi mental health center	: 10.00am
Lunch	: 1.30pm
Visiting patients	: 2.30pm
Refreshment	: 5.00pm
Departure from Thenkasi	: 6.00pm
Arrival at SMC	: 8.40pm

Introduction

The Department of Psychology organized a Field Trip for the III UG students as part of their Curriculum Activity. Bhodhi mental health center, Thenkasi was chosen and a group of 25 students visited along with 4 faculty members on 02.04.2022.

Trip Objective

The objective of the trip is to provide practical exposure to the students on the mental disorders and the treatment procedures offered to the mentally ill.

Field Observation

The students got to visit the Bhodhi mental health center exclusively functioning for the benefit of the mentally ill patients. The calm ambience of the center was amazing and all the safety measures taken for the safety of the in patients are worth mentioning. There were more than 25 in patients admitted at the hospital for various reasons and were under the able supervision of Psychiatrist Dr.Karthick.

The students were demonstrated the process of providing ECT and they were also allowed to see the case histories of the patients. The doctor addressed the students on the common reasons for mental illnesses that he has observed and clearly explained the importance of mental health.

Later after lunch, the students paired up and visited the rooms to get a knowledge on the symptoms and behaviour patterns of the patients. They also interacted with the family members of the patients which gave them a third perspective about the difficulty of having a mentally ill family member. On the whole, the trip was a highly beneficial one.

Conclusion

The trip on the whole was a very informative, useful and a perception changing one. The students made the maximum use of the opportunity provided and with their discipline and well behaved manner, maintained the decorum of the college. They received great appreciations for their interest in the subject, their curiosity to know things and their friendly nature. The department is grateful to the management for permitting to organize this trip despite the pandemic situation.

